



 **Welcome to the Rainbow Wrigglers Family! You're Now a Healthy Planet Hero!**

Congratulations!

You have just joined a growing community of people who turn kitchen scraps into rich, healthy soil for plants. Your brand-new portable worm farm is ready to use right now — simply add scraps and let the worms do their magic.

What's Inside Your Base Kit

- 2 X 20L Pales stacked on top of each other (with holes so the worms can breathe and move between buckets)
- Loads of happy red worms (they are already making more babies!)
- A small starter layer of special coconut fibre to get you started
- 1 X 20L Pale at the bottom to catch the Liquid Gold with tap
 - This easy guide + a QR code for extra help

Highly Recommended Add-Ons

These are popular extras that make worm farming even easier:

- **10L Coconut Coir Bucket** – \$25 (Pre-moistened, ready to use. Excellent value as a refill or top-dressing pack)
- **Small Plastic Shovel** – \$5 (Handy tool for moving food, bedding, and castings)
- **Extra Buckets** – \$5 each (Useful if you want to expand your farm or harvest castings more easily)

Available to order at any time.

My Real Story

I started Rainbow Wrigglers because I wanted to grow my own food and make it as nutritious as possible.

I realised that the quality of the soil directly affects how nutrient-dense my vegetables and fruit are. So, I began keeping worms to create the richest possible castings and Liquid Gold for my garden.

The goal was simple — give my plants everything they need to grow strong, healthy, and full of nutrition. Worm farming has been one of the best things I've done for my garden and my journey toward self-sufficiency.

— Rainbow Danebow, Founder

Super Easy 5-Step Start

1. **Find a good home for your worms:** Put the buckets in a shady spot. Not too hot and not too cold (around room temperature is perfect). A balcony, under the house, or even inside works great.
2. **Give them their first meal:** Add about 500g to 1 kg of chopped food scraps each week to start with.
3. **Cover the food properly:** Always bury the food scraps and put a good layer of the coconut fibre on top, then a sheet of newspaper. This stops flies and stops any bad smells.
4. **Collect the Liquid Gold:** Look in the bottom tray. You will find brown water. Mix 1 cup of this water with 10 cups of normal water and pour it on your plants. They will love it!
5. **Relax and feel good:** You are already helping the planet by stopping food from going to the rubbish tip!

What Happens Next?

Your worms will have lots of babies very quickly (just like mine did). When the buckets get full of worms and rich soil, send me a message.

We can do a **Fresh Start Swap**. I will come and collect your full farm, harvest the beautiful castings, and give you a discount on a brand new ready-to-go system. This keeps things easy for you at home and helps me create more farms for other families.

Thank you for joining the Rainbow Wrigglers Family!

You are not just composting — you are helping turn old food into healthy new soil and becoming part of a movement that makes the planet better. Welcome to the team!

Need help? Scan the QR code, email or message me anytime. I am here to make sure your worms (and your garden) stay happy and healthy.